

# The Harbour Bistro

PLEASE ORDER AT RESTAURANT BAR COUNTER / PAY AS YOU ORDER AND GIVE TABLE NUMBER

## TO START

Selection of home baked breads, nuts, olives & dips 3.95

## CHICKEN DISHES

Arizona Chicken / chorizo & red pepper cream / tobacco onions 9.95  
 Double Roast Chicken Breasts, stuffed with garlic & parsley butter / dauphinois potatoes / cherry tomato kebab 9.95  
 Marinated Chilli Chicken on Pitta Bread / lettuce & garlic mayo 9.95  
 Spiced Masala Chicken Goujons / corriander dip / aiöli / lemon 9.95  
 Italian Chicken / escalopes of chicken / layered with parma ham / emmental cheese / mustard cream sauce 10.95  
 Penne Pasta / chilli chicken / pepper cream / straw chips 10.95  
 Bang Bang Chicken / oriental salad / pitta / peanut & garlic dips 10.95  
 Thai Green Chicken Curry / rice / popadom 11.95  
 Chicken Escalopes / garlic Portavogie prawns / mash / mushroom kebab / jus 11.95

## MEATS & ROASTS

Escalopes of Pork Loin / chargrilled oyster mushrooms / potato, artichoke & parmesan cream 9.95  
 Marinated Chilli Beef on Pitta Bread / lettuce & garlic mayo 9.95  
 Penne Pasta / chilli beef / pepper cream / straw chips 10.95  
 Roast 1/2 Duckling / orange caramel or pepper cream 10.95  
 Escalopes of Marinated Lamb Rump / Vegetable Bayaldi 11.95

## FISH SECTION

Battered Scampi / mushy peas / tartare sauce / lemon 9.95  
 Fish Pie in a Pan / salmon & smoked haddock / mash / parsley veloute 10.95  
 Roast Cod on Boulangère & Bacon Potatoes / parsley aiöli 10.95  
 Roast Fillet of Salmon / macaroni cheese with tomato / parmesan 11.95  
 Thai Scampi & Green Curry 'Hot Pot' / noodles / rice & popadom 11.95  
 Scampi Meunière / sauté mushroom, lemon, mash, puff pastry 11.95  
 Breaded Monkfish Tail / mushy peas / lemon / tartare sauce 11.95  
 Seafood Thermador / monk fish, scampi, prawn, cod, salmon, turbot / mash & asparagus / lobster sauce 13.95

## GRILLED MEAT & FISH SECTION

All served plain or peppered with a choice of sauce and tobacco onions

Gammon Steak 12oz	7.95	Rump Steak 12oz	11.95
Chicken Breast 8oz	9.95	Sirloin Steak 12oz	13.95
Chicken Goujons	9.95	T-Bone Steak 16oz	14.95
Pork Fillet Steak 10oz	9.95	Grilled Fillet Steak 9oz	14.95
Spring Lamb Kebab 12oz	11.95	Grilled Fillet of Salmon	11.95

## SAUCES

Pepper Cream, Mushroom Cream, Aiöli, Garlic Butter, Bernaise, chorizo & roast red pepper cream

## 8oz RUMP STEAK BURGERS

Traditional: lettuce / tomato / onion / gherkin / coleslaw / house ketchup 5.95  
 Cheese: cheddar & bacon / house ketchup / onion rings 5.95  
 Harbour Style: tobacco onions / pepper cream sauce 5.95  
 French Style: bruschetta / bois boudrain / poached egg / hollandaise / gravy 5.95

## VEGETARIAN

Vegetarian Penne Pasta / with a parmesan cream / grilled med veg & bruschetta 8.95  
 Cheese & Spinach Flan 8.95  
 Macaroni Cheese with Tomato / bruschetta 8.95

## SIDE ORDERS

Potatoes	2.95	Vegetables	2.95	Salads	3.25
Big Chips		Traditional French Fried Onions		Mixed Tomato & Red Onion Salad	
French Fries		Tobacco Onions		Caesar Salad	
New Potatoes		Sauté Mushrooms		Greek Salad	
Champ or Mash		Mushrooms in Garlic Cream		Rocket & Parmesan	
Garlic Fries		Med Vegetables			
Chilli & Sour Cream Fries		Thai Spiced Noodles			
Oriental Rice & Thai Sauce		Mushy Peas			
Spanish Potatoes		Creamed Sweetcorn			
				Crunchy Slaw	1.50

SWEETS AND PUDDINGS 4.50

Tea & Coffee from 1.60

Bookings for Parties please telephone 028 7082 2430

Gift Vouchers for Meals Available (please ask at desk)

## WINE LIST

### HOUSE RED (By Glass & Bottle)

		Per Glass 125ml	Large glass 250ml	Bottle 75cl
1	El Descanso Merlot Reserva, Chile	2.25	4.50	9.95
2	Hardys "Captains" Shiraz Cabernet, Australia	2.25	4.50	10.95

### HOUSE WHITE (By Glass & Bottle)

3	KWV Chenin Blanc, South Africa	2.25	4.50	9.95
4	El Descanso Sauvignon Blanc Reserva, Chile	2.25	4.50	10.95
5	Hardys "Captains" Chardonnay Semillon, Australia	2.25	4.50	10.95

### ROSÉ

6	E & J Gallo White Zinfandel, California (By Glass & Bottle)	2.25	4.50	9.95
7	Faustino VII Rosado Rioja, Spain			11.50

### RED WINES

8	Laborie Pinotage, South Africa			11.95
9	Little Yering Pinot Noir, Australia			12.95
10	Faustino VII Tinto Rioja, Spain			12.50
11	Mondavi Woodbridge Cabernet Sauvignon, California			10.95
12	Peter Lehmann Barossa Shiraz, Australia			13.95
13	Cotes Du Rhone La Pas De La Beaume, France			11.95
14	Beaujolais Villages Celliur Des Samsons, France			12.75

### WHITE WINES

15	Faustino V Blanco Rioja, Spain			12.75
16	Vidal Estate Sauvignon Blanc, New Zealand			12.95
17	Tall Horse Sauvignon Blanc / South Africa			12.95
18	Villa Maria Riesling, New Zealand			13.95
19	Pinot Grigio, Italy			11.50
20	Penfolds Chardonnay, Australia			12.95
21	Petit Chablis La Chablisienne, France			16.95

### SPARKLING & CHAMPAGNE

22	Nottage Hill Sparkling Chardonnay, Australia			13.95
23	Piper Heidsieck Brut N.V., France			35.00

Coca Cola/Diet Coke/Sprite/Sprite Zero	1.65	Schweppes Tonic/Soda/Lemonade	1.00
Fanta Orange/Fanta Lemon		Pure Orange	1.10
Britvic Apple/ Orange	1.70	1L River Rock Still/Sparkling	3.05
River Rock Still/Sparkling	1.70		